

# DIY Cleaning Cheat Sheet

Do not mix together for cleaning:

Vinegar & hydrogen peroxide - Vinegar & baking soda - Vinegar & castile soap

## All Purpose Spray (don't use on granite) [Clean Mama](#)

- 1 1/4 cups water
- 1/2 cup white vinegar
- 10 drops of your favorite essential oil

Directions: Mix all in a spray bottle, spray on surfaces, wipe clean

## All Purpose Spray (for granite) [Clean Mama](#)

- 3 Tablespoons rubbing alcohol
- 2 cups water
- 1/4 teaspoon castile soap

Directions: combine all in a spray bottle, spray on surfaces (working in small batches), wipe clean.

## Bathroom Cleaner [Clean Mama](#)

- 1/4 cup white vinegar
- 1/4 cup vodka or rubbing alcohol (excellent germ-killing properties)
- 15 drops of your favorite essential oils
- 1 1/4 cups water

Directions: Combine all ingredients and store in a glass spray bottle

If you have any build up, sprinkle baking soda on the area once you've sprayed it and scrub with a scrub brush or sponge.

## Disinfecting after handling meat

If you really want to disinfect the surface for potential harmful bacteria, spray the surface with vinegar. Allow to sit for 5 minutes, wipe clean, then repeat using hydrogen peroxide. This is great for disinfecting cutting boards as well!

## Toilet Bowl Cleaner

In a mason jar, store baking soda mixed with essential oils for a nice scent (you can use this mixture for the kitchen sink cleaner as well-see below). Sprinkle mixture into the toilet bowl, and allow to sit for 5-10 minutes. Scrub with the toilet brush then flush the toilet.

Another option is to squirt castile soap into the bowl then scrub clean.

To clean the toilet brush, spray with hydrogen peroxide, then allow it to dry by putting the brush between the toilet bowl and toilet seat.

## Kitchen Sink Cleaner

Mix baking soda and essential oils together and store in a mason jar. Sprinkle the baking soda mixture on a wet sink. Squirt dish soap or castile soap into sink, scrub with a scrub brush. Rinse and dry.

See this post by [Clean Mama](#) for more info

## Stainless Steel Cleaner:

Combine an equal amount of vinegar and distilled water. Use a microfiber cloth to wipe clean.

**Glass Cleaner**  
[Wellness Mama](#)

- 2 cups of water (distilled or filtered is best)
- 2 tablespoons vinegar
- 10 drops essential oil of choice (will help cut down on the vinegar smell if used)

Directions: Mix all in a glass spray bottle. Spray the window, wipe clean with a microfiber cloth.

**Floor Cleaner**  
[Live Simply](#)

- 2 gallons hot water
- 2 tablespoons castile soap or less
- 5 drops essential oil

Combine in a bucket. Dip mop in the bucket, scrub floors, then discard water. Fill the bucket with hot water and wipe floors again to rinse.

-or- Mix equal parts white vinegar and water, adding essential oils for scent. Use water to rinse.

**Dusting Spray**  
[Live Simply](#)

- 1 cup distilled water
- 2 tsp castile soap
- 3 drops essential oil (optional)

Directions: Combine in a spray bottle. Spray surface, wipe clean with a microfiber cloth.

**Stain Remover**

Make a paste by mixing a little bit of COLD water and baking soda. Gently scrub the surface, rinse in cold water and wash in the normal wash cycle, using cold water.

(visit [Wellness Mama](#) for a great, free printable on all different types of stains and how to treat them)

**Natural Carpet Stain Removal**  
[Wellness Mama](#)

“Mix equal parts of white vinegar and water. Spray on stains, let sit for 5 minutes, and scrub with soft brush. Add 1-2 drops of dishwashing liquid for tough stains.

For tough grease stains, pour cornstarch liberally on the stain and let sit until dry. Vacuum up and then use the method above.”

**Homemade Laundry Soap**  
[Live Simply No Borax Option](#)

What you will need:

- 1 5-ounce castile soap bar unscented, or your favorite scented variety
- 1 cup washing soda
- 1 cup baking soda
- 1 cup kosher salt
- 30-40 drops essential oil optional\*

**Clean the Garbage Disposal**

Cut your lemon peels and push them into the garbage disposal. Run under water for about 10 seconds to clean. Freeze the lemons first to sharpen the blades!

**Vinegar and Citrus**

Fill a glass jar with your citrus peels (lemons, limes, oranges) and fill with distilled white vinegar. Allow to soak for at least a few days. Strain and use the infused vinegar for cleaning! Can be used for surfaces, floors and windows!

*Note-* Personally, I find that adding distilled water to the mixture works well. I found just using the infused vinegar left things streaky. Try mixing 1 part vinegar, to 3 parts distilled water.

Also, I don't recommend using it to clean stainless steel. Again, it left things streaky for me.