

# December Meal Planner

Sunday Large Batch	Monday Leftovers	Tuesday Mexican	Wednesday Veggies Most	Thursday Frugal Thursday	Friday Fish Friday	Saturday Anything Goes
1 <a href="#">Vegetarian Tuscan White Bean Soup</a> (Live Simply Mom)	2 Leftover Soup	3 Chicken Enchiladas (recipe testing)	4 Leftover Enchiladas	5 Spaghetti with salad	6 Sheet pan salmon, roasted vegetables, rice	7 Pulled BBQ sweet potato sandwiches, winter slaw and sweet potato fries
8 <a href="#">Creamy Potato Soup</a> (Paleo Running Mama)	9 Leftover Soup	10 Husband's birthday- he chooses :)	11 Vegetable Buddha Bowl- roasted veggies, sauteed kale, black beans with tahini sauce	12 Bean and spinach quesadilla, cilantro lime rice	13 Sheet pan salmon, sweet potatoes, roasted vegetables	14 Date Night ♡
15 3 Bean Vegetarian Chili (check the blog December 3rd!!)	16 Leftover chili	17 Buffalo cauliflower tacos with winter slaw	18 <a href="#">Instant Pot Creamy mushroom chicken</a> , rice, veggies (The Natural Nurturer)	19 <a href="#">Vegetable stir fry</a>	20 Seared salmon, cauliflower rice, roasted vegetables	21 Burger, sweet potato fries, roasted vegetables
22 <a href="#">Instant Pot Lentil Soup</a> (Delish)	23 Leftover Soup	24 <b>CHRISTMAS EVE- TBD</b>	25 <b>CHRISTMAS- TBD</b>	26 Veggie bowl- sweet potatoes, broccoli, bell peppers, protein (tbd), avocado	27 Sheet pan salmon, roasted red potatoes, steamed vegetables	28 Spinach, mushroom, and bowtie pasta (recipe testing)
29 <a href="#">Carrot and Ginger Soup</a> (Stress Baking)	30 Leftover Soup	31 <b>NEW YEARS EVE- TBD</b>				